



United States Department of Agriculture

MyPlate On Campus

MYPLATE
On Campus



**Become a MyPlate Ambassador today!
Boost your resume with experience in nutrition!**

Over 2,800 MyPlate On Campus Ambassadors in all 50 states!

WHO: College and university students, campus dietitians, faculty/staff, etc.

WHAT: MyPlate On Campus provides college and university students and faculty/staff the resources and skills to become MyPlate On Campus Ambassadors — leaders in promoting MyPlate's messages of a healthy diet and physical activity in their campus environments. Ambassadors receive monthly email updates from ChooseMyPlate.

WHERE: On your campus and in your community!

WHEN: Get started today! Resources and materials including a MyPlate On Campus toolkit are available for free download at ChooseMyPlate.gov.

WHY: Make a difference! Gain leadership skills and valuable experience volunteering as a peer educator. Boost your resume or dietetic internship application by showing what you accomplished as a MyPlate On Campus Ambassador at your school.

HOW: Register and complete an online training module at ChooseMyPlate.gov/MyPlateOnCampus.

Share your Ambassador success stories: MyPlateOnCampus@cnpp.usda.gov

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